



Temiskaming Angler and Hunter Association
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TAHA GENERAL MEETING

Wednesday April 4, 2012, 7:00 P.M. @ TDSS
Meeting chaired by David Chenier

Members Present: 15 members

1. Guest Speaker: Thomas McLean:

The main thing is prevention. 5,900 deaths on water, 39% drownings, 90% after 6pm. Half of drownings are linked to alcohol, one quarter of them lifejackets are not onboard. Always make sure when purchasing a lifejacket there is a validation certificate on it to ensure it is legal in Canada.

What to do in an emergency situation:

- a) Check (check scene, check the person)
- b) Call (call EMS/ 9-1-1) (If in an environment and cannot reach EMS, you can use the following methods to send an SOS message; blow whistle 3 times at a time, flare gun, gun shot 3 times, satellite phone.)
- c) Care (Deal with life threatening conditions *ABCs*)
- d) Secondary Survey (Perform a secondary survey and treat any non-life-threatening injuries)
- e) Continual Care (Keep the person comfortable and monitor vital signs)

Be able to provide following information to EMS: location, call back number, # of people injured...

If someone is bleeding, the best thing you can do is apply direct pressure and keep the pressure until help comes.

For bone, joint or muscle injuries treat it using the "RICE" method. When splinting a person's arm always use a rigid item to hold the arm in place, add padding in order to shape it to the person's arm. When splinting always make sure you rap above and below the joint. When doing this always ask the person that everything is alright and if it is

comfortable. Once the arm is all rapped up then you will add the splint. (A good item to have in your first aid kit is a padded aluminum splint also called a “quick splint”)

Anatomical Splint: (splinting of a broken leg) Use the other leg as a splint. Slide the triangular bandages underneath the natural crevices of the leg. (use about three). Lay a blanket or jacket in between the legs to keep a space between the two legs. Tie the triangular bandages. Tie one at the thighs, one below the knee and the third one around the ankles then coming up and across the bottom of the feet, then securely tie it.

If a head injury occurred, the best thing to do is to not move the person. The main thing is to watch out for vomiting. If there are a few people together you can do the “log roll” to move the person onto their side. The main point of the “log roll” is to move the torso and the head as one. You can then add dirt or pack sacs behind them to keep them on their side.

If you are alone you will use the opposite of the recovery position. Lift the arm and leg closest to you and push the person away from you. This will minimize the movement of the head. If an ATV accident happens and the injured is wearing a helmet you must determine if it is best to keep or take off the helmet. If you are able to assess them and they are ok, you can leave the helmet on but if they are bleeding and not breathing then you would remove the helmet.

First Aid contents:

- a) gloves
- b) Antiseptic wipes
- c) Minor wound care
- d) Blister kit
- e) Steri-Strips
- f) Drugs for yourself (aspirin, antihistamine, Imodium, electrolytes, analgesic)
- g) Pressure Dressing
- h) Syringe (used to flush out eyes, wounds...)
- i) Tweezers
- j) Safety pins
- k) Shears
- l) Triangular bandage
- m) Gauze roll
- n) Lighter
- o) Whistle

Taking fish hooks out: use antiseptic wipes to wipe the area and poke the hook through. Use shears to cut the barb part and then pull it out. You can always leave it there until you get closer to help. Make sure you cover it so you don't get it caught in anything.

Questions?? Contact Thomas McLean at fastfirstaid@gmail.com or at 705-648-0640. Group courses are offered.

2. FMZ 11: Our area ranked as having only about 28% of “healthy lakes”. They are hoping to increase it to 34% up to 40%. They looked at different options to try to get to this goal.

A survey was distributed to the members present to get their input. A copy of the survey will be e-mailed to our members as well to get their input.

3. AGM: Meeting will be held on Wednesday, September 26th at the Dymond Hall. We are looking for ideas as to what people would like to hear or who they would like to have as a guest speaker. It looks like they want to take the month September away from us.

Poor man’s silent auction. Bring in used items that you no longer use. Anyone can bid on the items.

4. OFAH AGM: Zone C next meeting will be September 30th in New Liskeard. A review of different reports. There will be elections for 5 positions as well. Must be an OFAH member for 1 year to run for elections. Must be member of OFAH to attend the meeting.

5. GPS 101:

Advised that there are currently 22 individuals registered for the GPS course which will be held on April 18th, 2012 at the TDSS cafeteria. If there is a wide interest then we will possibly look at holding a second session in the near future.

6. May Monthly Meeting:

Possibly looking at having a discussion on the Blanche River to get the feel of all our members.

7. Marketing items:

Mentioned that we do have hats available for sale. We are looking at what other types of items you would like to see as promotional items. We would like to possibly have items available for sale online.

8. Other:

Review of the land use is available at the Temagami and New Liskeard library.

Meeting adjourned at 8:45pm

Next meeting May 2nd, 2012 at 7pm, TDSS